

Conflict Management



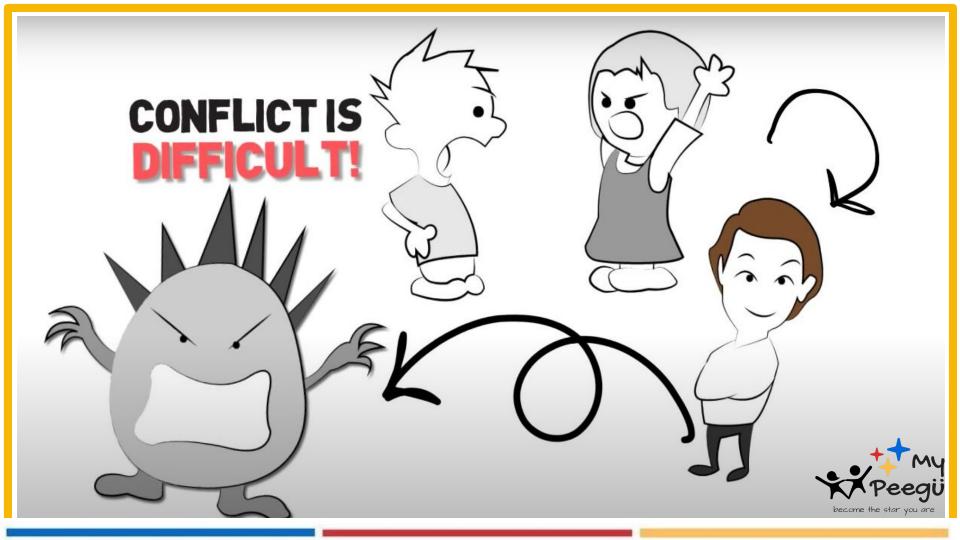
10%

Conflict is due to difference of opinion

90%

Conflict is due to Wrong tone of voice









De-Nile is not just a river in Egypt!





Conflict exists when one person has a need of another and that need is not being met

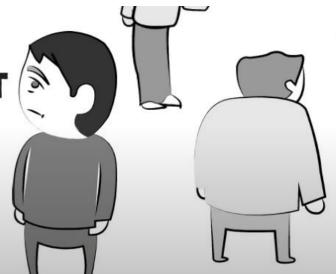


RESOLUTION OF CONFLICT starts here









YES=RESOLUTION



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UNMET NEED







I'M AFRAID.





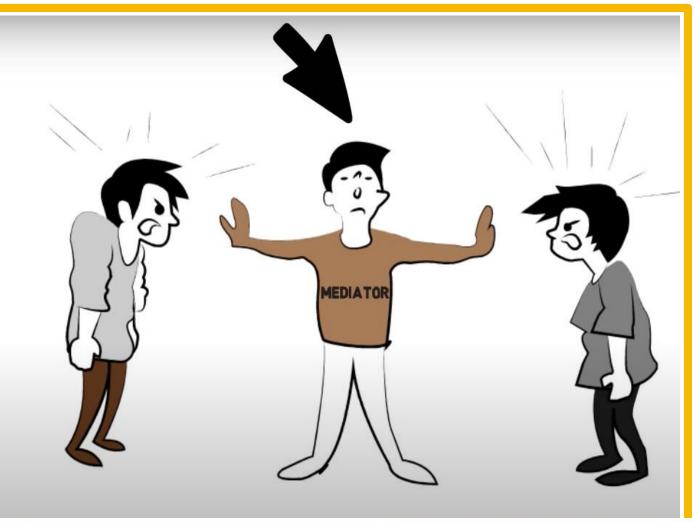


Conflict is too hard!!

I NEED HELP!



IT'S OKAY TO ASK FOR HELP



LET'S UNDERSTAND CONFLICT! ```



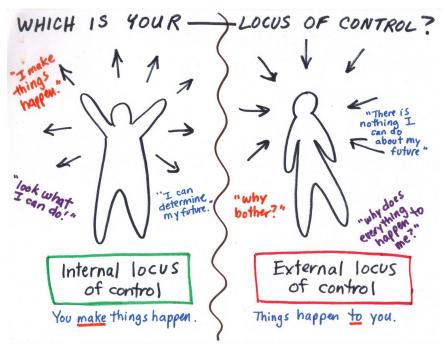
Internal Vs External conflict





Locus of control

Locus of control refers to an individual's beliefs about the extent of control that they have over things that happen to them.





What causes Conflict?



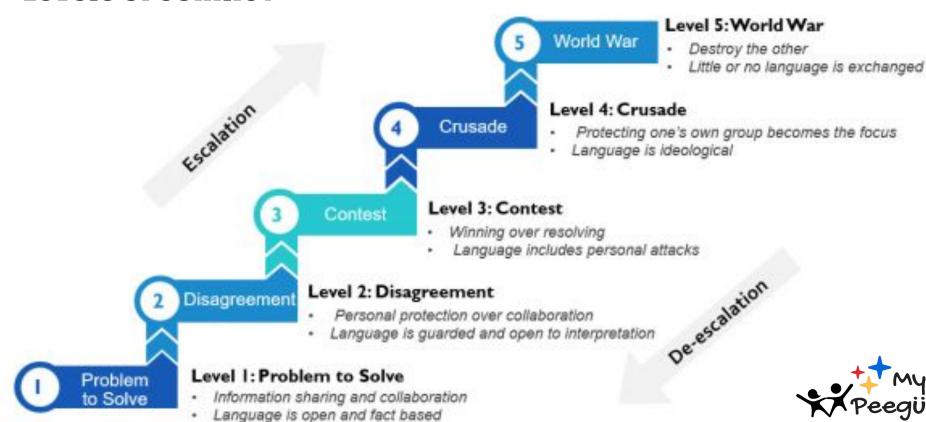




- 1. Information processing.
- 2. Needs.
- 3. Fears.
- 4. Values.
- 5. Skills.



Levels of conflict



Social conflict

Arises when aspirations, beliefs, or values held by one individual or group are frustrated by another individual or group.

- 1. Parents and their children
- 2. Between friends
- 3. Between colleagues
- 4. Neighborhoods
- 5. Between rival teams



How do You react?









What's the aftermath of Conflict?



Is it avoidable?

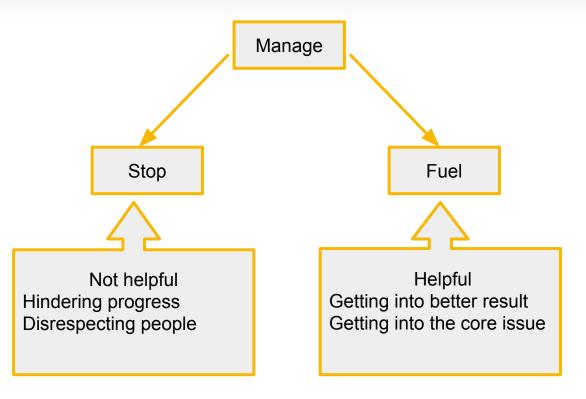


Do you know the difference?

CONFLICT	RUDE	MEAN	BULLYING
Occasional	Occasional	Once or Twice	Is REPEATED
Not planned; in the heat of the moment	Spontaneous: unintentional	Intentional	Is planned and done on purpose
All parties are upset	Can cause hurt feelings; upset	Can hurt others deeply	The target of the bullying is upset
All parties want to work things out	Based in thoughtlessness, poor manners or narcissism	Based in anger; impulsive cruelty	The bully is trying to gain control over the target
All parties will accept responsibility	Rude person accepts responsibility	Behavior often regretted;	The bully blames the target
An effort is made by all parties to solve the problem			The target wants to stop the bully's behavior, the bully does not
Can be resolved through mediation	Social skill building could be of benefit	Needs to be addressed/ should NOT be ignored	CANNOT be resolved through mediation

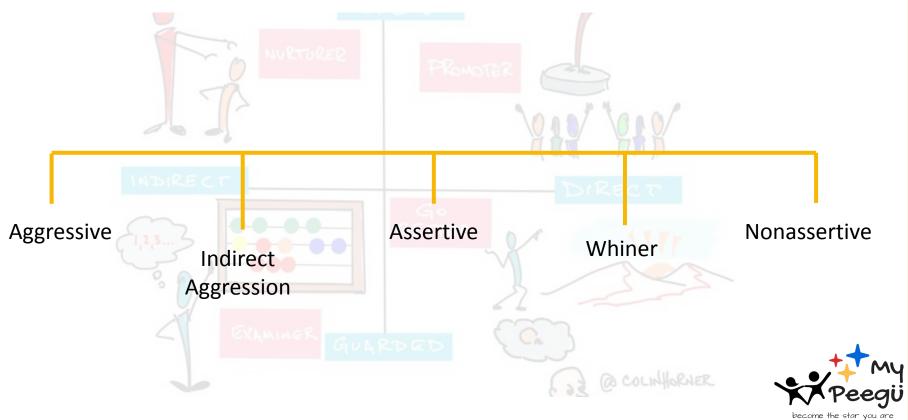


How? - Conflict Resolution

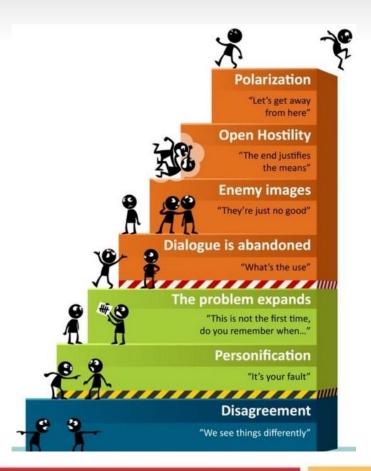




Behavioural Styles in Response to conflicts



Conflict Escalation



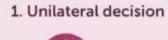


Ways to Resolve Conflict

- 1. Don't get defensive
- 2. Avoid blaming
- 3. Listen actively
- 4. Begin the statement with I -Not you
- 5. Tame your emotions
- 6. Show that you can compromise
- 7. Don't badmouth someone to others
- 8. Pay close attention to non verbal signs
- 9. Know when to apologize and forgive
- 10. 48 hr rule
- 11. Use humour
- 12. Understand It's temporary



8 Methods of Resolving Conflict





2. Persuasion



3. Haggling/Bartering



4. Arbitration



5. Postponement



6. Problem solve



7. Total Surrender



8. Negotiation



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What was the most challenging conflict you have faced in the past year?

- State the conflict/
- Identify the type: (Internal or External?)
- What was the source of the conflict?
- Identify the level of conflict.
- How did you handle in the past?
- How would you resolve it now?



Share the above assignment in a word document and submit to your teacher



"Peace is not absence of conflict,

It is the ability to handle conflict by peaceful means"

-Ronald Reagan-

