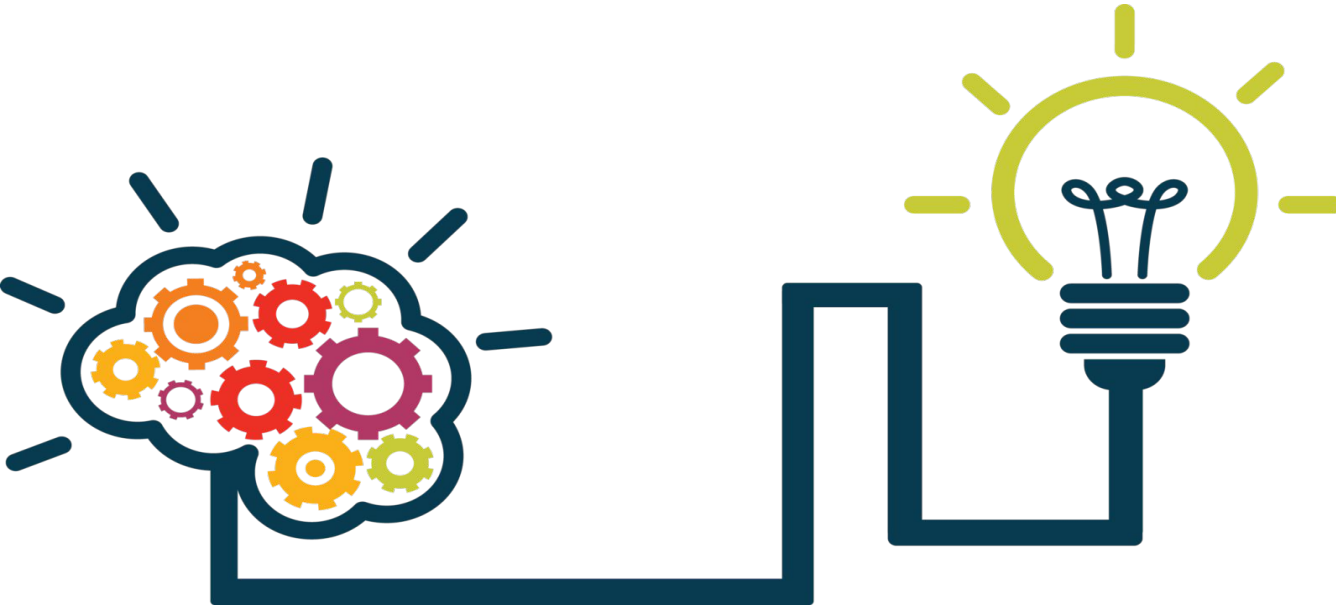


Problem Solving

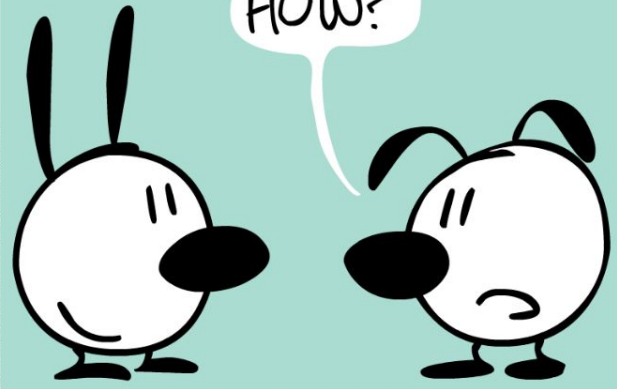


I WANT TO
SOLVE ALL YOUR
PROBLEMS!



MIMIANDUNICE.COM

HOW?



BY **TELLING** YOU HOW
TO SOLVE ALL YOUR
PROBLEMS!



What is problem solving

Problem solving is the process of identifying a problem, developing possible solution paths, and taking the appropriate course of action.



Why is problem solving an important skill



Good problem solving skills empower you not only in your personal life but **are critical in your professional life.** It enables us to exert control over our environment.

Problem solvers can observe, judge, and act quickly when difficulties arise when they inevitably do.

How can Problem solving skills help you

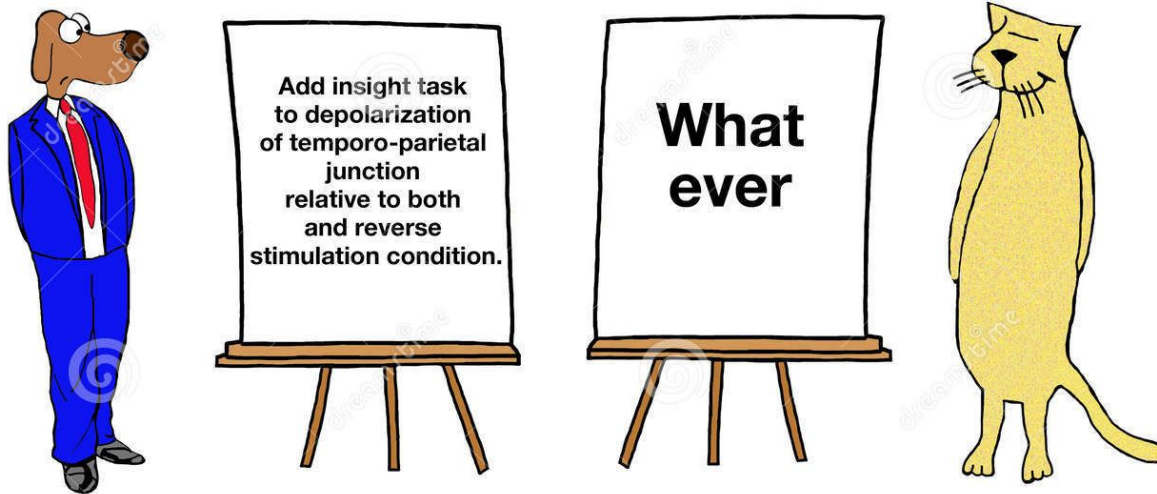
Problem-solving skills help **you determine why an issue is happening and how to resolve that issue**. It's one of the key skills that employers seek in job applicants.

Problem-solving starts with identifying the issue, coming up with solutions, implementing those solutions, and evaluating their effectiveness.



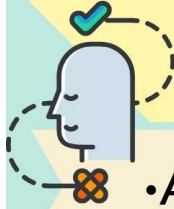
How do problem solving skills relate to everyday life

Problem solving can help you track down the culprit, **diagnose the cause of the stain and develop an action plan** to get your home clean and fresh again



How to address a problem: two methods.

What Are The Problem Solving Skills?



•Active listening.



•Analysis.



•Research.



•Creativity.



•Communication.

Designed by
Visualposting.com

•Decision making.

Activity -Miracle Cure





So how can you
really launch your
problem-solving
skills?

THE FIVE PRIMARY STEPS IN PROBLEM SOLVING



1. Analyze the causes to the unwanted situation



2. Generate a set of alternative interventions to achieve your end goal



3. Evaluate the best solutions



4. Implement a plan



5. Assess effectiveness

Better Problem Solving



© Lifehack



Ask 5 whys



Brainstorm



Pros and cons



Tuning

The 5 whys that we know



The 5 whys of problem solving

Problem

Patients don't attend their doctor appointment



Why

The appointment message doesn't alert them before the doctor session



Why

The messages don't have an alert feature



Why

The system doesn't allow repeated messages or link appointment to patient's calendar



Why

The system doesn't include an alerting or follow-up feature

The 5 whys of problem solving



The steps after 5 whys



- Describe problem
- Identify possible causes
- Evaluate possible causes
- Confirm true cause

Problem Solving Method

Defining the Problem:

"Is there a problem?"

"What is it?"

"How significant?"



Analyzing the Problem:

"Why is it happening?"



Determining What to Do:

"What shall we do about it?"



Implementing the Plan with Fidelity:

"Are you doing what you said you would do? How do you know?"



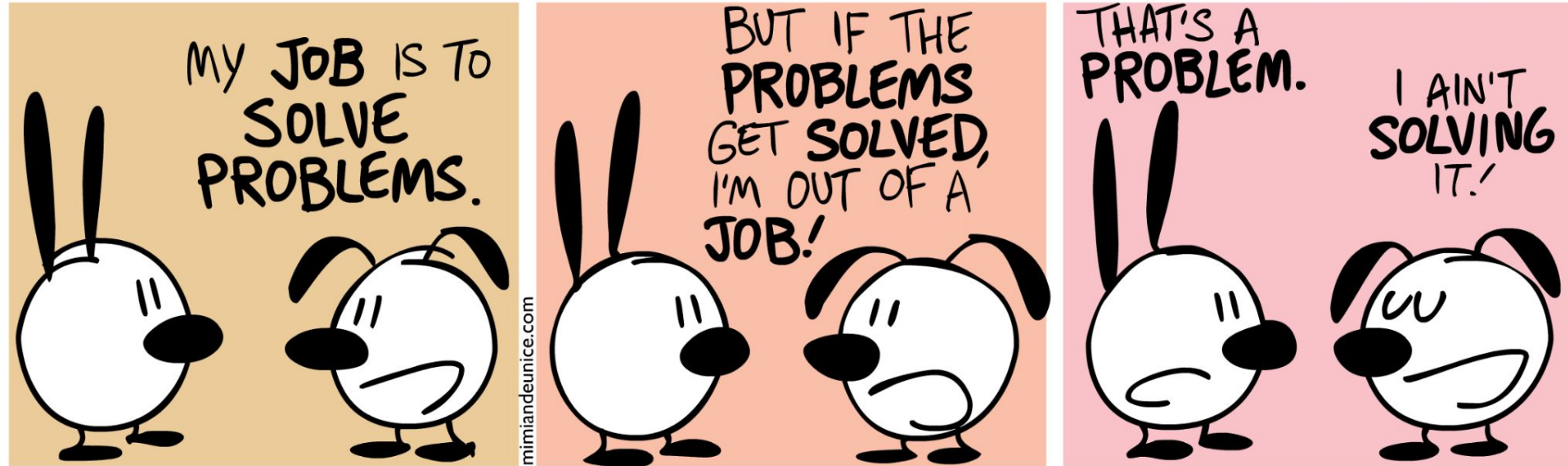
Evaluating Progress:

"Did the plan work?"

"What needs to happen next?"



Approach to problem solving



TAKE
RESPONSIBILITY
FOR YOUR PROBLEM



MAKE NO EXCUSES, DON'T BLAME AND NEVER COMPLAIN ABOUT YOUR DILEMMA.

AVOID MAKING ASSUMPTIONS



DON'T USE YOUR PAST
EXPERIENCE AS A PRIMARY BAROMETER FOR FUTURE SOLUTIONS.

TURN YOUR PROBLEM INTO A QUESTION

RESTATE YOUR PROBLEM IN MANY
DIFFERENT WAYS IN THE FORM OF A QUESTION.

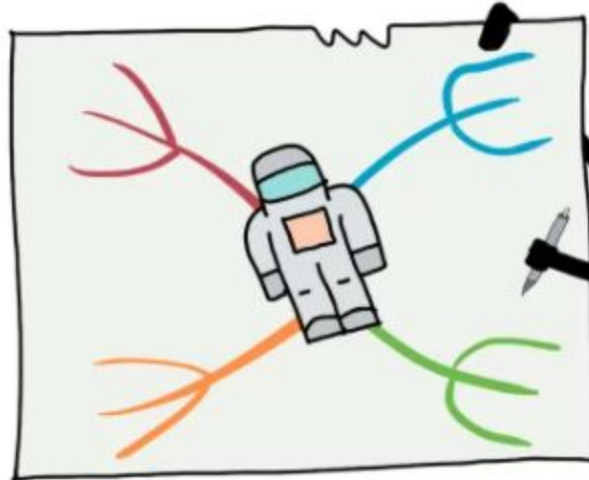


SEEK ALTERNATIVE PERSPECTIVES



SEARCH THROUGH BOOKS AND ASK PEOPLE FOR THEIR INPUT, IDEAS AND SUGGESTIONS.

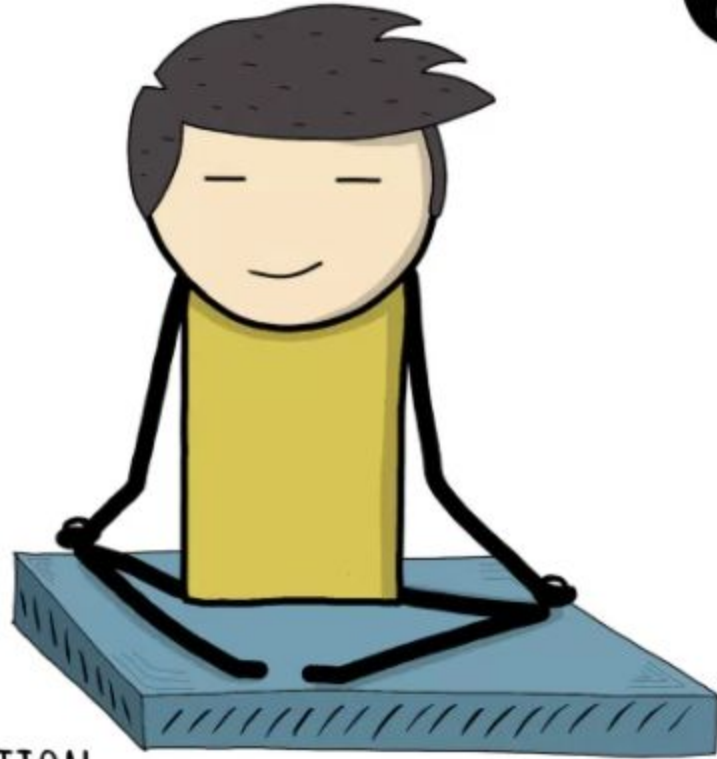
THINK IN PICTURES



USE DOODLES, MIND MAPS, METAPHORS, DIAGRAMS
AND CHARTS TO WORK THROUGH YOUR PROBLEM VISUALLY.

PONDER OVER YOUR PROBLEM

ALLOW TIME FOR IDEAS TO MANIFEST,
GROW AND EXPAND IN YOUR IMAGINATION.



Take the help of a problem solving wheel





Using a method like this, push yourself
by practising again and again..



..and soon you'll be a problem-solving
pro!