

#2 SEPTEMBER

THIS WEEK

This week at our school was a whirlwind of creativity and talent, from dance competitions that blended classical moves with unexpected disco spins to a culinary showdown that infused Italian flavors with Indian tadka.

The "Interhouse Indian Semi-Classical Dance" event hit the stage with the grace of a Bollywood star on roller skates. Imagine classical dance moves infused with unexpected disco spins. And speaking of classical, the "Interhouse Indian Classical Dance" competition had students performing traditional dances with more mudras than a toddler trying to explain what they wanted.

The girls brought their creativity to the table and let their culinary skills sizzle in this epic table top Inter-House Cooking competition! The girls undoubtedly infused Italian flavours with Indian traditional tadka to create a delightful taste with their secret signature step of extra masala leaving behind even the chef of 'Ratatouillue'.

The NOTABLE NOTES of the learning lyrics, practicing singing, reworking pitches, overcoming performance anxiety and tackling so much of stress was all worth it on the DAY of the INTER HOUSE WESTERN SOLO SINGING COMPETITION. All participants gave a mesmerinsing performance.

All of their songs were so melodious that they transported us to another realm and the mundane everyday world around us disappeared. Each singer was enveloped in their own new space and belting out the song they had prepared, giving it the best go.

A special assembly was held on the occasion of 'HINDI DIWAS' to celebrate the richness and diversity of Hindi Language and to encourage its usage and preservation. It served as a reminder of the role Hindi plays in unifying the nation and preserving India's cultural heritage.

The Peer Support Group of the school doesn't leave any room unknocked. Students of grade VI-VIII were well versed with the importance of Mental health which covered topics like bullying, body shaming and many more. The girls are now well versed with taking a stand for oneself and accepting themselves the way they are.

This week's activities showcased the outstanding talents of our students and fostered a sense of unity and growth within our school community. We eagerly anticipate more enriching experiences and opportunities in the weeks to come.















#3 SEPTEMBER

SCHOOL AND BEYOND







This week the brilliance of the students was so sky-soaring that it's most likely to make you fall out of your seats . It's been a week of wild excitement and pride!

Our debate team, under the guiding light of our esteemed teachers, stormed the Pinegrove School, Dharampur Shimla bilingual debate. Shipra Sharma snagged the consolation prize, leaving behind a trail of electrifying debates.

But that's not all! Our girls have truly proved their excellence on all fronts with this one, brainstorming their way to success- VDJS acquired the 1st position amongst 61 schools in the Science Quiz District.

And hold onto your hockey sticks because our U-14 hockey team played like the stars of a blockbuster movie and secured the third position in IPSC hockey 2023-34 at Daly College, Indore. It was a performance so epic it deserves its own theme music!

But the action didn't stop there. Our school's performance at the 42nd North Zone (Pre-Nationals) Shooting Competitions was nothing short of spectacular. These students are hitting bullseyes like it's nobody's business.

With all these victories, it's a wonder our students don't have wings yet! Who knows what heights they'll reach next? Stay tuned for more gravity-defying achievements from these amazing young talents!



September

UPCOMING



[07.09.23]





Birthdays

Maanya Naidu Ishmeet Kaur VIII

X

[07.09.23]

Simran XII [07.09.23]



Palak Pratap VII [08.09.23]



Jannat Jain IX [08.09.23]



Satnam Kaur XI [08.09.23]



Priyal Goel VIII [09.09.23]



Preksha Jain VIII [09.09.23]



Navya VII [10.09.23]



Kanika X [12.09.23]



Radha VIII [13.09.23]



IX [13.09.23]



Krishty IX [13.09.23]



Bhumi XII [13.09.23]



Kashish Lohan XII [15.09.23]

SEPTEMBER

LIL' JAM SESH













Add to this playlist

youre a

-Sunflower - Spider-Man: Into the Spider-Verse

Post Malone, Swae Lee



9:45

Prabh Singh, Jay Trak



Wo Noor AP Dhillon

COMEOUR SONG !!!



Stuck with U (with Justin Bieber)

Ariana Grande, Justin Bieber - mainstream :



Choo Lo

The Local Train



RESIDENT OF THE WEEK

Residence 1 YASHASHVI VIII

Residence 2 SHIVANGI XII

Residence 3 **AASMIJAIN** XII

Residence 4 **PRIYANI**

#6 SEPTEMBER



INK AND INTRIGUE

Hold onto your celestial tiaras and laurel wreaths because the gossip column is back in action!

In the zany world of Junior School, a wave of domestic prowess has swept through the corridors. Kids who were once convinced that laundry was a distant cousin of Bigfoot are now experts in the art of wardrobe maintenance and cupboard organization. Socks and shirts now sit in harmony, and mismatched socks have gone into early retirement.

Sunday civils were unceremoniously cancelled, and we had to march into our Sundays wearing uniforms. The horror! It was like dressing up for a party only to find out it was canceled. But fear not, just after one week of uniformed Sundays, the universe decided we'd had enough fun.

With exams looming on the horizon, our campus has transformed into a scene from a bookworm's paradise. Students can be spotted carrying stacks of books taller than themselves. Gossip sessions have been temporarily replaced by heated discussions about theorems and literary analysis. Who knew Shakespeare could be so juicy?

In the cafeteria, the war on calories has reached epic proportions. Calories are now displayed beside each menu item, causing an outbreak of health-consciousness. Salad consumption has skyrocketed, and we've become the Sherlock Holmes of calorie detectives, scrutinizing every meal choice like it's a crime scene.

Hold onto your laughter hats, folks! The Weekly Newsletter team has declared a timeout, a hiatus, a break (cue dramatic music) for the dreaded mid-terms. They're off on a mission to find more hilarious anecdotes, wild stories, and a touch of mischief to share with you. So, consider this a "See You Later" instead of a "Goodbye."

They'll be back in no time to tickle your funny bone and amaze you with their tales. Until then, keep your chuckles well-rested and your giggles on standby. The comedy brigade shall return!

7 SEPTEMBER

MOTHER

A woman cries,
but she never lies,
She gave her whole life,
to be her family's pride.
She forgets about others,
just to care for others.
The whole world is behind her,
but she still cares for them.
Her love is like honey,
very sweet and pure.

That woman is my mother, whom I love the most.

By- Eekshita Gupta Class- 7A

IN THE SPOTLIGHT



Prefect Sports caught studying?!
Nah. Only exploring the uncharted realm called "books".



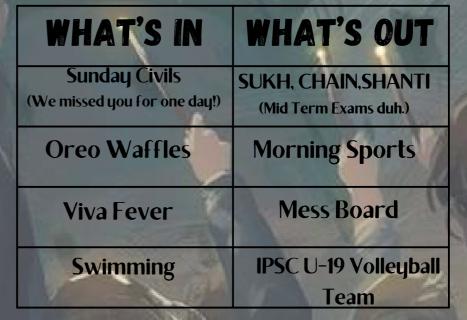
Pray For Me
The Weeknd

Who need a hero? (Hero) You need a hero, look in the mirror, there go your hero









<u>SEPTEMBER</u>

ASTRO-LOL-OGY

Aries (March 21 - April 19): Aries, brace yourself Libra (September 23 - October 22): Libras, this for a rollercoaster of emotions this week. The stars week, you might find yourself negotiating with predict that your highlighter will run out of ink your textbooks, trying to strike a deal for better right when you need it the most. Don't worry; your exam notes will still shine brightly, even if your pen doesn't! It's all part of the cosmic test of your resourcefulness.

Taurus (April 20 - May 20): Taurus, your lucky pencil is sharpened and ready for action. However, the stars advise you to tread carefully around caffeine this week. You might end up shaking more than your magic eight ball during that crucial test, and your doodles might turn into abstract art!

Gemini (May 21 - June 20): This week, Geminis, your study group might feel more like a comedy club. It's as if the universe wants you to focus on laughter as much as your studies. Don't be surprised if you spend more time laughing at memes than actually studying. Laughter is the best stress reliever, right? Just make sure you hit the books eventually.

Cancer (June 21 - July 22): Cancer, you're feeling crabby about your upcoming exams, but don't worry, you've got this! The stars hint that you might need more breaks than usual. It's okay to take a pause, even if it means watching adorable cat videos for a while. They say cat videos are like digital therapy!

Leo (July 23 - August 22): Leos, this week the stars suggest that your exam preparation might include a dramatic reenactment of key historical events. Your passion and enthusiasm know no bounds, but remember, your objective is to ace the exams, not earn an Oscar! Try to balance your dramatic flair with some good oldfashioned studying.

Virgo (August 23 - September 22): Virgo, you'll be so organized for your exams that you might end up color-coding your snacks. Yes, you read that right, snacks! Remember, studying is important, but so is snack-time efficiency. After all, a well-fueled brain is a sharp brain!

grades. Just remember, your persuasion skills might be better spent in the exam room. So, instead of haggling with your books, focus on

mastering the material.
Scorpio (October 23 - November 21): Scorpio, your study playlist could be a wild mix of power ballads and dance anthems. It's as if you're trying to create a soundtrack for your academic journey. Just make sure you're not dancing more than you're studying unless that's your secret to success! You might be the first to boogie through a final exam.

Sagittarius (November 22 - December 21): Sagittarius, your exam anxiety might lead to spontaneous travel plans. While you can't run away from your exams, daydreaming about exotic destinations is perfectly acceptable. Just don't get too carried away and end up booking a flight when you should be hitting the books.

Capricorn (December 22 - January Capricorn, you're known for your discipline, but this week, you might schedule more coffee breaks than study sessions. It's all about finding that perfect caffeine-to-focus ratio! Keep in mind that too much caffeine can lead to "espresso-nal" ups and downs.

Aquarius (January 20 - February 18): Aquarius, expect to have philosophical debates with your textbooks this week. It's almost as if you're trying to negotiate with the universe for a better exam experience. Just remember, you're not trying to outsmart your books; you're trying to understand them!

Pisces (February 19 - March 20): Pisces, your exam week might involve vivid daydreams of becoming a professional nap-taker. While it's a noble pursuit, don't forget to wake up for your exams! If you can find a way to incorporate napping into your study routine effectively, you'll truly be a sleep virtuoso.

Remember, these horoscope predictions are purely for fun and shouldn't replace actual exam preparation. Good luck with your exams!

AR H. POTTER

हिन्दी इनसाइट्स

प्लास्टिक की दुनिया

आज कल मैं देखती हूँ कि हमारे जीवन में प्लास्टिक बहुत महत्वपूर्ण होती जा रही है। दैनिक जीवन में नाना प्रकार की प्लास्टिक की वस्तुएँ देखने को मिलती हैं। इसके इस्तेमाल ने धातु से बनी वस्तुओं की कमी को पूरा किया है। साथ ही साथ इससे वस्तुएँ बहुत लम्बे समय तक चलती हैं।

किंतु प्लास्टिक के फ़ायदे कम, बिल्क नुक़सान ज़्यादा नज़र आते हैं। आज या हमारे पर्यावरण के लिए सबसे बड़ी समस्या बनती जा रही है। आज जगह-जगह प्लास्टिक के कचरे के ढेर नज़र आते हैं। इसे जलाने से वायु प्रदूषण होता है। जिससे हमें गम्भीर बीमारियाँ होती हैं। प्लास्टिक को ज़मीन पर फेंक देने से मृदा प्रदूषण होता है। जिससे धरती की उपजाऊ शक्ति दिन-प्रतिदिन कम होती जा रही है। ज़मीन पर पड़ा प्लास्टिक वर्षा के जल को ज़मीन में जाने से रोकता है, जिससे पृथ्वी के नीचे का जल-स्तर स्थिर नहीं बना रहता। जल धरती के अंदर जो जल है, उसका उपयोग तो दिन-प्रतिदिन ज़्यादा हो रहा है किंतु प्लास्टिक की वजह से वह रिचार्ज नहीं होता और धीरे-धीरे उसमें कमी आती जा रही है। कई बार देखने को मिलता है कि खाने-पीने की चीजों के साथ आवारा जानवर प्लास्टिक की थैलियाँ भी खा जाते हैं, जो उनके प्राण-घातक हैं।

मुझे लगता है कि हम सब को अपने आपसे सवाल पूछना चाहिए कि क्या प्लास्टिक का उपयोग मानवता के लिए सही है? निश्चित रूप से उत्तर यही मिलेगा नहीं! हम सब को यह प्रतिज्ञा लेनी चाहिए कि हम कम से कम बाज़ार अपना सामान थैले में लाएँगे। ऐसे छोटे-छोटे प्रयास अच्छा परिणाम देंगे।

केशवी गोयल कक्षा-VIII B #10 SEPTEMBER

IT'S EXAM TIME



Well be back soon!

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