



## VDJS DINING HALL MENU 1<sup>ST</sup> SEPTEMBER TO 15<sup>TH</sup> SEPTEMBER 2024

Date/ Day	Mor. Tea	Mor. Ref :	Breakfast 9.10 Am	Mor. Ref. 11.30 Am	Lunch 1.50 Pm	Eve. Ref:	Dinner 7.45 Pm	Nigh t Milk
Sunday 1/9/24	Tea, Biscuits		Aloo Parantha ,Plain Curd , Butter , Pickle , Tea		Kala Chana Tariwala,, Onion Zeera Rice,Sweet Lassi, Papad, Onion Salad	Tuck	Red Sauce Pasta , Garlic Toast , Ice Cream. Veg. Khichdi, Plain Curd	Warm Milk
Monday 2/9/24	Tea, Biscuits	Sweet Bun	Warm/Cold Milk , Fruit Loops , Idli, Sambhar , Nariyal Chutney, Tea	Coleslaw Sandwich, Cold Coffee	Dal Mix Tadka , Kadhai Paneer , Rice, Chapati, Cucumber Raita , Mixed Salad	Fruit	Dal Dhaba, Tinda Masala, Rice , Chapati, Pineapple Pastry	Warm Milk
Tuesday 3/9/24	Tea, Biscuits	Fruit	Warm/ Cold Milk ,Masala Oats, Toasted Bread, Veg. Pasta, Tomato Sauce, Cheese, Butter, Jam, Tea	Paneer Roll, Lemonade	Kadi Pakoda, Aloo Zeera ,Rice, Chapati, Onion Salad , Papad	Fruit	Dal Arhar Moong Tadka, Karela Do Pyaza , Rice , Multi Grain Chapati, Sweet Boondi	Warm Milk
Wednesday 4/9/24	Tea, Biscuits	Muffin	Warm /Cold Milk, Chocoflakes , Besan Chilla, Tomato Dhaniya Chutney, Tea	Bread Poha,Badam Thandai	Choley Kabuli , Khatta Meetha Petha , Rice , Multigrain Chapati , Plain Curd ,Mixed Salad	Fruit	Dal Langarwali , Baigan Bharta Rice, Chapati, Icecream	Warm Milk
Thursday 5/9/24	Tea, Biscuits	Fruit	Warm / Cold Milk, Cornflakes ,Dal Patties, Tomato Sauce, Tea	Special Refreshment	Dal Bukhara, Dry Aloo Shimla Mirch, Rice, Sweet Lassi, Multi Grain Chapati	Fruit	Dal Masoor Sabut, Bhindi Masala, , Rice , Chapati, Rasogulla	Warm Milk
Friday 6/9/24	Tea, Biscuits	Sweet Bun	Warm/ Cold Milk, Porridge, Cucumber Tomato Sandwich, Tomato Sauce, Tea	Muffin ,Cold Coffee	Dal Maharani, Aloo Gobhi Matar , Rice, Chapati, Boondi Raita , Mix Salad	Fruit	Onion, Three Bean Salad, Tomato Garlic Dip, Veg Cutlets, Frenchfries, Buns, Butter, Cocktail Sauce , Fruit Custard Veg. Khichdi, Plain Curd	Warm Milk
Saturday 7/9/24	Tea, Biscuits	Faine	Warm /Cold Milk , Masala Oats , Seviyan Upma, Toasted Bread, Butter, Jam , Cheese Spread , Tomato Sauce , Tea.	Sprouts, Squash	Dal Arhar , Paneer Butter Masala, Rice , Multigrain Chapati, Mix Veg Raita, Mix Salad	Vada Pao, Chutney	Dal Punjabi Tadka, Malai Kofta , Rice, Chapati, Bombay Toast With Rabri	Warm Coffee
Sunday 8/9/24			Aloo Parantha ,Plain Curd , Butter , Pickle , Tea		Pav Bhaji , Masala Chaanch , Laccha Onion , Fried Chilli	Tuck	Paneer Biryani, Onion Raita, Red Velvet Pastry	Warm Milk



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Monday 9/9/24	Tea, Biscuits	Fruit	Warm / Cold Milk, Suji Porridge, Baked Beans, Jacket Potato, Tartare Sauce, Toasted Bread , Butter, Jam , Cheese Spread , Tomato Sauce , Tea	Peanut Butter And Jam Sandwich, Cold Coffee	Masoor Dal Sabut , Palak Paneer , Rice , Chapati, Plain Curd Mix Salad	Fruit	Dal Begumi, Aloo Matar Taridar, Rice , Chapati, Gulab Jamun	War m Milk
Tuesday 10/9/24	Tea, Biscuits		Warm /Cold Milk , Chocoflakes ,Suji Upma, Sambhar , Nariyal Chutney, Tea	Calzone , Lemonade	Kadi Pakoda, Aloo Zeera ,Rice, Chapati, Onion Salad , Papad	Fruit	Dal Panchratan, Navratan Korma, Rice , Multigrain Chapati, Sweet Boondi	War m Milk
Wednesday 11/9/24	Tea, Biscuit	Fruit	Warm / Cold Milk , Porridge , Cutlets ,Toasted Bread , Butter, Jam , Cheese Spread , Tomato Sauce , Tea	Bhelpuri , Rooh Afza	Dal E Dum, Arvi Masala , Rice , Chapati, Masala Chaanch Mix Salad	Fruit	Dal Tadka ,Aloo Pyaz Dry, Tomato Chilli Chutney, , Rice, Ajwaini Parantha, Chocobread Pudding	War m Milk
Thursday 12/9/24	Tea, Biscuit	Muffin	Warm / Cold Milk, Cornflakes, Veg Poha With Bhujjiya, Lemon Wedge , Tea	Samosa, Tea	Dal Mughlai , Paneer Hyderabad Paneer, Rice, Chapati, Cucumber Raita , Mix Salad	Fruit	Dal Punjabi Tadka, Baigan Bharta , Rice , Multigrain Chapati,Rasogulla	War m Milk
Friday 13/9/24	Tea, Biscuits	Fruit	Warm / Cold Milk Choco Flakes , Poori , Bhaji,Suji Halwa, Tea.	Fried Idli, Masala Chach	Dal Makhani , Lauki Tamatar , Rice , Multigrain Chapati , Plain Curd , Mixed Salad	Fruit	Onion, Three Bean Salad, Tomato Garlic Dip, Veg Cutlets, Baked Spinach Corn, Buns, Butter , Fruit Custard. Veg. Khichdi, Plain Curd	War m Milk
Saturday 14/9/24	Tea, Biscuits	Bakery Faine	Warm /Cold Milk , Fruit Loops , Bread Pakora, Tomato Dhaniya Chutney / Sauce	Veg Springroll, Squash	Kala Chana Dry, Yellow Dal , Rice , Chapatti, Boondi Raita , Mix Salad	Popcorn, Lemonade	Langarwali Dal Tadka ,Mix Veg , Rice , Multigrain Chapati, Ice Cream	War m Coff ee
Sunday 15/9/24			Aloo Parantha ,Plain Curd , Butter , Pickle , Tea		Rajma Rasilli, Peela Chawal, Masala Chaach , Onion Salad, Papad, Pickle	Tuck	Veg. Khicdi, Pickle,Plain Curd , Papad , Ada Pastry	War m Milk

Sr. Mess Manager

**Administrator**

**RMO**

**Principal**